

香港主婦聯盟

Hong Kong Homemakers' Alliance

香港婦女中心協會

Hong Kong Federation of Women's Centres

香港主婦聯盟（主盟）是一個由香港婦女中心協會（協會）及一群家庭主婦所組成的自助組織，成立於2001年，旨在關注家務勞動者的需要、確認家務勞動的價值、支援主婦自我發展，以及確立主婦的社會地位。主盟曾進行「錫錫家庭主婦—託兒需要齊關注」街頭展覽，以喚起社區人士對婦女託兒服務需要的關注。主盟也十分關注家務勞動者的勞動安全和健康，協助協會推廣「家務勞動職安健計劃」。此外，主盟繼續參與「爭取全民退休保障聯席」，要求政府早日推行全民退休保障制度，以保障家庭主婦的退休生活。

The Hong Kong Homemakers' Alliance (HKHA) is a self-help group which was established jointly by the Hong Kong Federation of Women's Centres (HKFWC) and a group of homemakers in 2001. The HKHA aims to address the needs of homemakers, affirm the value of household labour, support housewives in their efforts at self-development, and affirm their social status. The HKHA launched a community educational exhibition titled "Care for Homemakers, Concern for Childcare Needs", with an aim to arousing public concern for women's need for childcare services. The HKHA is also very concerned about occupational safety and health issues for those taking on domestic labour, and assisted the HKFWC in promoting the Project on Occupational Safety and Health for Domestic Workers and Unpaid Homemakers. The HKHA continued to take part in the Joint Alliance for Universal Retirement Protection, to urge the government to implement the pension for all scheme for the protection of homemakers in retirement.



主盟成員於「家務勞動職安健」講座中示範正確的做家务姿勢。
Members of HKHA demonstrated correct postures when doing housework.



於「退休？擔憂？」日營活動中，主盟成員帶領參與的婦女一起討論對老年生活保障的看法。
Members of HKHA facilitated a discussion on retirement protection at a day camp.



主盟成員向市民講解家庭主婦缺乏退休保障的問題。
Members of HKHA explained to the public the issue of the lack of retirement protection of homemakers.



主盟成員透過舉辦街展，喚起公眾人士對托兒服務不足及婦女的壓力的關注。
At a street exhibition, members of HKHA aroused public concern on the need of babysitting service and stress of women.



婦女學習了製作花茶的技巧，也抒發了心中的鬱悶及壓力。
Women learned to make herbal tea while relieving stress at the same time.